

A tour of a
MEXICAN
Food Store

Name _____

Hour _____

Video Worksheet

Mexican

- 1.) Name five fruits and vegetables that are popular in Mexico.

- 2.) Which foods are distinct for each of the parts of Mexico?

- 3.) What two ingredients can salsa start with?

- 4.) What is used to thicken the salsa?

- 5.) Guacamole was invented by the _____.

- 6.) Frijoles are _____.

- 7.) What Mexican dish is rice the principle ingredient of?

- 8.) What are wet coconuts used for?

- 9.) What are dry coconuts used for?
- 10.) The hottest pepper on the planet is the _____ pepper.
- 11.) What are the most popular spices?
- 12.) What can you use sugar cane for?
- 13.) Mexicans eat more beef than pork and poultry. True/False
- 14.) What is the most popular way to serve pork?
- 15.) How are burritos made?
- 16.) What are some types of desserts in Mexico?

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Teachers Key

Mexican

- 1.) Name five fruits and vegetables that are popular in Mexico.

Beans, squash, tomato, peppers, corn, avocados, and chiles

- 2.) Which foods are distinct for each of the parts of Mexico?

Northern- stews and tortillas/cattle and grain

Central- fruits, grains, sheep, and pigs

Coastal- fish stew, chiles, ceviches, oysters, and grilled and broiled fish

- 3.) What two ingredients can salsa start with?

Tomato and tomatillo

- 4.) What is used to thicken the salsa?

Chiles, nuts and seeds, and corn flour

- 5.) Guacamole was invented by the Aztecs .

- 6.) Frijoles are beans .

- 7.) What Mexican dish is rice the principle ingredient of?

Sopa seca

- 8.) What are green coconuts used for?

Milk

9.) What are dry coconuts used for?

Cooking

10.) The hottest pepper on the planet is the Habanera pepper.

11.) What are the most popular spices?

Cayenne, cumin, oregano, epazote

12.) What can you use sugar cane for?

Skewers to grill meat, poultry, and sea food

13.) Mexicans eat more beef than pork and poultry. True/**False**

14.) What is the most popular way to serve pork?

The carnitas (roast pork)

15.) How are burritos made?

Taking a tortilla and throwing whatever you want into them

16.) What are some types of desserts in Mexico?

Flan, tarts, fresh fruit