

# Laundry



# 101

## Clothing Care for Looking Good

NAME \_\_\_\_\_

HOUR \_\_\_\_\_

# Video Worksheet

1. What are the five easy steps of clothing care?

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2. It's required by law that all clothing have a permanent care label sewn on them. Below list two reasons why it's important for you to read the permanent care label?

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3. When sorting clothes, what are three things you should consider?

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4. What can cause stains to become permanent?

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5. When washing a load of clothes, what should you consider when adding detergent?

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6. Name three important things to consider when drying clothes.

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## 101

### Clothing Care for Looking Good

## Video Worksheet Teacher's Key

1. What are the five easy steps of clothing care?

*Read the permanent care labels*

*Sort the clothes*

*Treat the stains*

*Wash the clothes*

*Dry the clothes*

2. It's required by law that all clothing have a permanent care label sewn on them. Below list two reasons why it's important for you to read the permanent care label?

*The permanent care label gives you the following information: washing instructions, including temperature and cycle speed; bleaching instructions; drying instructions; and ironing instructions.*

3. When sorting clothes, what are three things you should consider?

*Color, texture and degree of soiling.*

4. What can cause stains to become permanent?

*Heat and age*

5. When washing a load of clothes, what should you consider when adding detergent?

*The size of the load*

*Whether you are using liquid or powdered detergent*

*The hardness of the water*

*The degree of soiling*

*Whether the machine is top or front loading*

6. Name three important things to consider when drying clothes.

*The type of fabric*

*The heat setting*

*The amount of time needed to dry*

*Remembering to take the clothes out immediately after drying*

*Remembering to fold, hang up and put away*



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NAME \_\_\_\_\_

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# Laundry Home Project

**Learner Outcome:** To help you better understand the five steps necessary in clothing care. To give you an opportunity to do laundry on your own so you will know how when you need to in the future.

**Directions:** You are to wash at least one load of laundry for your family at home. This should include all the steps listed below. Describe what you did in each of the following steps:

1. **Read the labels.** (What types of clothes did you wash?)
  
2. **Sort the clothes.**
  
3. **Prepare and pre-treat.** (If possible, pre-treat at least one type of stain. What type of stain did you pre-treat? Explain the method you used.)
  
4. **Wash.** (Select: Proper water temperature. Amount and kind of detergent. Type and time of washing cycle. Rinse temperature.)
  
5. **Dry.** (What temperature did you use? Explain why you chose the temperature you did.)  
Fold, hang or put away in best way.

Parent or guardian's Signature: \_\_\_\_\_

Comments: \_\_\_\_\_

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# Laundry



# 101

## Clothing Care for Looking Good

NAME \_\_\_\_\_

HOUR \_\_\_\_\_

## At Home Ironing Experience

**Learner Outcome:** Student will show that they have the necessary skills to iron their own clothes.

**Directions:** You are to iron two items of wearable clothing. The purpose of this assignment is to help you learn to iron clothing so that in the future you will be able to iron your own clothes.

1. Articles ironed:

1st Item: \_\_\_\_\_

2nd Item: \_\_\_\_\_

2. Type of fabric of each article (read the care label):

1st Item: \_\_\_\_\_

2nd Item: \_\_\_\_\_

3. Temperature of iron you used for each article:

1st Item: \_\_\_\_\_

2nd Item: \_\_\_\_\_

4. Did you use steam? Did this help remove the wrinkles?

1st Item: \_\_\_\_\_

2nd Item: \_\_\_\_\_

Parent or guardian's Signature: \_\_\_\_\_

Comments: \_\_\_\_\_

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# Laundry 101



Clothing Care  
for Looking Good

NAME \_\_\_\_\_

HOUR \_\_\_\_\_

## Treating Stains

*You don't want them around!*

**Learner Outcome:** Students will realize that stains need to be removed immediately so they don't become permanent.

**Introduction:** Have you ever had a stain that wouldn't come out? It's probably because it wasn't removed right away and it sets in permanently. Heavy stains, those that will not come out with normal washing, need to be removed before washing the garment, or they will be around for the life of the garment. You can pre-treat heavy stains in a number of ways. Some need only soaking. However, many will need a stain remover that is applied directly to the stain and rubbed in a circular motion.

You can make your own stain removers by mixing water and detergent into a paste, or using a liquid detergent. For tough stains you may need to buy a ready-made stain remover. They come in fluid or solid forms. When you use ready-made stain removers, carefully read the instructions on the container before using it.

1. Why is it important to read instructions on ready-made stain removers?

\_\_\_\_\_

2. If you spill something on a garment, why should you try to remove the stain right away?

\_\_\_\_\_

3. Why is hot water not recommended for removing most stains?

\_\_\_\_\_

4. What does it mean to "treat" a stain?

\_\_\_\_\_

5. Some stains are almost impossible to remove. What might be the advantage of taking them to the dry cleaners instead of washing them yourself?

\_\_\_\_\_

6. How might you remove light stains from an article of clothing before washing?

\_\_\_\_\_

7. How do you pre-treat heavy stains?

\_\_\_\_\_

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Clothing Care  
for Looking Good

## Teacher's Key for Treating Stains

*You don't want them around!*

**Learner Outcome:** Students will realize that stains need to be removed immediately so they don't become permanent.

**Introduction:** Have you ever had a stain that wouldn't come out? It's probably because it wasn't removed right away and it sets in permanently. Heavy stains, those that will not come out with normal washing, need to be removed before washing the garment, or they will be around for the life of the garment. You can pre-treat heavy stains in a number of ways. Some need only soaking. However, many will need a stain remover that is applied directly to the stain and rubbed in a circular motion.

You can make your own stain removers by mixing water and detergent into a paste, or using a liquid detergent. For tough stains you may need to buy a ready-made stain remover. They come in fluid or solid forms. When you use ready-made stain removers, carefully read the instructions on the container before using it.

1. Why is it important to read instructions on ready-made stain removers?  
*Reading the instructions tells you how to use the product most effectively and which stains it works best on.*
2. If you spill something on a garment, why should you try to remove the stain right away?  
*Stains are set by heat and age and come out best when treated immediately.*
3. Why is hot water not recommended for removing most stains?  
*Heat sets stains.*
4. What does it mean to "treat" a stain?  
*Treating a stain means using a product on the stain to remove it.*
5. Some stains are almost impossible to remove. What might be the advantage of taking them to the dry cleaners instead of washing them yourself?  
*If the item is very valuable or expensive or if the stain is one that is difficult to remove, the dry cleaner may be able to do a better job with all the resources they have available for stain removal.*
6. How might you remove light stains from an article of clothing before washing?  
*Light stains can be rinsed with cold water immediately and then treat with a pre-wash product*
7. How do you pre-treat heavy stains?  
*Heavy stains may need a paste rubbed into them. They also may need to be pre-soaked prior to washing. Use a product that is effective on that particular stain.*