



Basic Care

Name _____

Hour _____

Video Worksheet

Directions: Answer the following questions as you watch “Taking Care of Baby: Basic Care.”

1. Describe how to lift a baby.
2. Describe how to hold a baby.
3. Describe the important tips for diapering a baby.
4. What are two tips to keep in mind when bathing a baby?
5. When can you give a baby a tub bath?
6. Explain how to test the temperature of the bath water.

7. What are the benefits of “well-baby” medical appointments?

8. Give three reasons you might call a doctor for your baby.

9. Describe how you would take a baby’s temperature.

10. What is used to give medicine to an infant?

11. Why is breastfeeding recommended for feeding a baby?

12. Give three tips for bottle-feeding a baby.



Basic Care

Teacher's Answer Key

Directions: Answer the following questions as you watch “Taking Care of Baby: Basic Care.”

1. Describe how to lift a baby.

Supporting the head and neck with one hand and holding the babies bottom with the other hand or grasping under babies armpit and wrapping your hands on the back of the babies neck for support.

2. Describe how to hold a baby.

Hold in the bend of your arm or a “football-style” hold, supporting the neck and head.

3. Describe the important tips for diapering a baby.

Locate a safe place to diaper the baby.

Clean the baby carefully.

Wash your hands well after changing the baby.

4. What are two tips to keep in mind when bathing a baby?

Gather all equipment before you begin bathing the baby.

NEVER leave the baby unattended.

5. When can you give a baby a tub bath?

You can give a baby a tub bath after the umbilical cord has fallen off.

6. Explain how to test the temperature of the bath water.

The best way to test the temperature of the bath water is with your elbow. If it feels hot, it is too hot for the baby.

7. What are the benefits of “well-baby” medical appointments?

Your doctor will check your baby’s height and weight.

To keep your baby immunized against diseases.

To become more aware and educated about your baby’s care.

8. Give three reasons you might call a doctor for your baby.

If your baby is vomiting, has a rash or has a temperature.

9. Describe how you would take a baby’s temperature.

With an auxiliary thermometer (an under the arm thermometer).

10. What is used to give medicine to an infant?

A dropper or a syringe.

11. Why is breastfeeding recommended for feeding a baby?

Breastfeeding provides the perfect mix of nutrients, boosts the baby’s immune system, is inexpensive and is always available.

12. Give three tips for bottle-feeding a baby.

Be sure the baby forms a good seal around the bottle with his or her mouth.

Do not mix up more than 1-day’s worth of formula at a time.

Wash bottles and nipples well, using a bottle-brush after each use.

Burp the baby after each 1-2 ounces.

Never feed a baby cow’s milk.