



Name \_\_\_\_\_

Hour \_\_\_\_\_

# Video Worksheet

# Nurturing Care

**Directions:** Answer the following questions as you watch “Taking Care of Baby: Nurturing Care.”

## Calming

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1. Describe five techniques you can use to calm a baby.

2. What are the symptoms of colic?

## Playtime

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3. Give several suggestions for effective play with a baby.

4. Why is it important to talk to babies?

## Safety

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5. Identify five general safety concerns when caring for a baby.

6. Where is the safest place to put the baby's car seat?





# Teacher's Answer Key

## Nurturing Care

**Directions:** Answer the following questions as you watch “Taking Care of Baby: Nurturing Care.”

### Calming

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1. Describe five techniques you can use to calm a baby.

**Have a calm, confident approach.**

**Provide movement and walk with the baby.**

**Provide a distraction and talk to the baby.**

**Hold the baby, cuddle, and swaddle.**

**Play soft, soothing music.**

2. What are the symptoms of colic?

**A period of uncontrolled crying and the baby pulls his or her legs up to the chest.**

**It is usually outgrown by 3 months.**

### Playtime

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3. Give several suggestions for effective play with a baby.

**Hold something bright in front of him/her.**

**Show contrasts like black and white.**

**Use different textures, shapes and colors.**

**Talk, sing, and make noises.**

4. Why is it important to talk to babies?

**Babies learn to talk and communicate based on what their caregivers say to them and how much they are talked to.**

## Safety

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5. Identify five general safety concerns when caring for a baby.

**Never leave a baby unattended on a surface without protective side rails.**

**Keep dangerous items in a high closed cupboard.**

**Cover electrical outlets.**

**Keep purse out of babies reach.**

**Keep dangling cords out of babies reach.**

**Never use a plastic bag as a mattress cover.**

**Keep all small objects out of your babies reach.**

**Keep the baby out of direct sunlight.**

6. Where is the safest place to put the baby's car seat?

**In the center of the back seat.**

