

TEEN SAFETY

•Dating & Relationships•

Name: _____

Hour: _____

VIDEO WORKSHEET

1. What percentage of rape is considered “date rape”?
2. What is the legal name for rape in many states?
3. What are some characteristics of a healthy relationship?
4. What are some “red flags” of an unhealthy relationship?
5. At a party or social gatherings, how many exits should we look for?



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TEEN SAFETY

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Name: _____

Hour: _____

TEACHER'S KEY

1. What percentage of rape is considered "date rape"?

78%

2. What is the legal name for rape in many states?

First degree sexual assault

3. What are some characteristics of a healthy relationship?

- *Trust*
- *Caring*
- *Communication*

4. What are some "red flags" of an unhealthy relationship?

- *Quick to anger*
- *Verbal abuse*
- *Aggression*
- *Previous abuse*
- *Weapons*
- *Manipulation*

5. At a party or social gatherings, how many exits should we look for?

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6. How can you prevent becoming a victim of date rape?
 - *Serve your own beverages*
 - *Never leave your beverages unattended*
 - *Never ask others to watch your drinks*

7. What are some tips to having a healthy, safe relationship with our dates?
 - *No drinking or drugs*
 - *Open communication*
 - *Be independent*
 - *Protest & leave*
 - *Go with others or group date*
 - *Trust your instincts*
 - *Watch for the red flags*

8. List some relationship suggestions for boys:
 - *Respect your partner's wishes*
 - *Pay attention to body language*
 - *Examine gender stereotypes*
 - *Stop when asked or if you are unsure*

9. If you are in an abusive situation in your home, you should:
 - *Get angry*
 - *Get out*