

# GO GREEN AROUND YOUR HOME

Name: \_\_\_\_\_

Hour: \_\_\_\_\_

## VIDEO WORKSHEET

In this introduction to living green, students learn that with a few simple changes they can reduce the **toxins** in their personal space and reduce **waste** in every corner of their lives. They discover how to go beyond recycling by buying products that don't include wasted packaging. They find out there are natural cleaning products that do the job as well or better than the popular chemical brands. They uncover the hidden toxins in their personal care products and find healthier alternatives. They understand how organic foods are grown and why they can be safer to eat. Going green is here to stay so it's time to get on the Go Green Team!

## Review

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**Directions:** After watching "Go Green Around Your Home" answer the following questions.

1. How many plastic bags are used every year? 500 million? 50 billion? 500 billion?
2. What can you do at the grocery store to reduce waste?
3. How can you save energy on lighting in your home?
4. How much garbage does the average person create each day?
5. What slogan tells you how to cut down on all the garbage you create?



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6. What is the number one substance people throw away? What is number two?
  
7. Why are some people concerned about using household cleaners?
  
8. What are some common household ingredients you could use to make natural cleaners?
  
9. Clothing manufacturers are making fashions out of what two unusual plants?
  
10. What materials are used in a “green” building?



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# Activities

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## Your Green Home

List five things you can change to move toward a greener life.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

## Measure Your Garbage

How can you figure out the amount of garbage you generate each day? Weigh it on a scale. Pick a day and save every single thing you would normally throw out. Include your waste from home, from school and from wherever you go such as a fast food restaurant. At the end of the day measure how much garbage you've collected.

## Recycle Batteries

If you're like most people, you go through a lot of batteries. Batteries are filled with toxic chemicals so you don't want to send them to the garbage dump. So what can you do? Go on the Internet to [www.earth911.org/](http://www.earth911.org/). Enter the word batteries and your zip code. What businesses near you will recycle your old batteries?

# Resources

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## BOOKS

*Better Basics for the Home*

*Conscious Style Home, Eco-Friendly living for the 21st Century*

*Creating A Healthy Household*

*Green This!*

*It's Easy Being Green, a Handbook for Earth-Friendly Living*

*Naturally Clean, The Seventh Generation Guide to Safe and Healthy Non-Toxic Cleaning*

*Organic Housekeeping*

*Wake Up and Smell the Planet: The Non-Pompous, Non-Preachy Grist Guide to Greening Your Day*

# Internet Sites

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[www.epa.gov](http://www.epa.gov)

[www.earth911.org](http://www.earth911.org)



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## TEACHER'S KEY

In this introduction to living green, students learn that with a few simple changes they can reduce the **toxins** in their personal space and reduce **waste** in every corner of their lives. They discover how to go beyond recycling by buying products that don't include wasted packaging. They find out there are natural cleaning products that do the job as well or better than the popular chemical brands. They uncover the hidden toxins in their personal care products and find healthier alternatives. They understand how organic foods are grown and why they can be safer to eat. Going green is here to stay so it's time to get on the Go Green Team!

## Review

**Directions:** After watching "Go Green Around Your Home" answer the following questions.

1. How many plastic bags are used every year? 500 million? 50 billion? 500 billion?  
*500 billion.*

2. What can you do at the grocery store to reduce waste?  
*Bring reusable cloth shopping bags.*

3. How can you save energy on lighting in your home?  
*Replace regular light bulbs with compact fluorescent light bulbs.*

4. How much garbage does the average person create each day?  
*About five pounds.*

5. What slogan tells you how to cut down on all the garbage you create?  
*Reduce, Reuse, Recycle.*



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6. What is the number one substance people throw away? What is number two?  
*The number one throwaway is paper. Number two is plastic.*

7. Why are some people concerned about using household cleaners?  
*They contain toxic chemicals which can affect a person's health.*

8. What are some common household ingredients you could use to make natural cleaners?  
*Baking soda, vinegar, borax, cornstarch, lemon juice and salt.*

9. Clothing manufacturers are making fashions out of what two unusual plants?  
*Bamboo and corn.*

10. What materials are used in a "green" building?  
*Natural woods and insulation plus organic paints and flooring.*



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