

SNAP RECAP GO GREEN | Master List

GREEN FOOD				
	Meat-Free is the Way to Be	What Type of Veggie are You?	Organic Foods	Buy Local
100	Eating less of this food item saves resources What is meat?	An umbrella term for anyone who does not eat meat What is a vegetarian?	A food item that is produced without the use of synthetic fertilizers or food additives following USDA standards. What is organic?	Apples ripen in this season What is fall?
200	This ingredient, commonly found in chili, is a great source of protein What are beans?	This person does not consume any animal product What is a vegan?	A type of store where you can buy organic and natural food items What is a co-op?	Most food travels this distance to reach your table What is 1,500 miles?
300	This meat substitute is made from soybeans What is tofu?	This person does not eat meat, but will eat dairy and eggs What is a lacto-ovo vegetarian?	Organic foods are believed to contain more of these What are nutrients?	This is a good place to buy locally-grown fruits and vegetables What is a farmer's market?
400	It takes up to 12,000 gallons of water to produce one pound of this food item What is beef?	A kind of vegetarian that eats dairy, but not eggs What is a lacto vegetarian?	A food item that does not meet the USDA's organic standards, but is still produced without artificial additives What is a natural food?	This is a good technique for eating locally-produced fruits and vegetables What is seasonal eating?
500	Vegetarians need to make sure they get enough of this nutrient What is protein?	A type of vegetarian that does not eat any animal products, nor do they cook any of their food What is a raw foods vegetarian?	A symbol that designates a food as organic What is the USDA organic seal?	The name for people who value food items produced within a 100-mile radius What are locavores?

GREEN LIFESTYLE

	Transportation	Going Shopping	Trash	Appliances	Get Involved
100	Buses and this form of railway transportation use less fuel than airplanes What are trains?	Borrowing books and magazines from this place helps decrease paper consumption What is the library?	Paper, plastic, metal, and glass can be placed in this trash receptacle What is the recycling bin?	Turning these off saves electricity What are lights?	Someone to whom you can write if you want to make a change Who are your elected officials?
200	A car that runs on a combination of gasoline and battery power What is a hybrid?	Bring these when you go shopping instead of using plastic bags What is a reusable bag?	Buying products made from recycled products is one way to do this What is precycling?	This method of cooling uses less electricity than the air conditioner What is a fan?	Planting one of these is a way to grow locally-produced vegetables with a large group of people What is a community garden?
300	Sharing a ride with more than one person What is carpooling?	This is a great way to get rid of things you don't want and to make some money What is a garage sale?	This easy way to get rid of food waste can be made in your backyard What is a compost heap?	Using this temperature of water in the clothes washer cuts down on energy use What is cold water?	A way to donate your time and energy to an environmental cause What is volunteer?
400	This form of transportation uses wheels and gives you a great workout What is biking?	Buy items with the least amount of this to cut down on waste What is packaging?	This popular water-holding item takes millions of years to decompose What is a plastic water bottle?	Changing this by just two degrees-up in the summer, down in the winter-can make a big difference What is the thermostat?	Starting one of these in your school or community is a way to work with other people who have similar environmental interests What is an environmental club?
500	Keeping these properly inflated maximizes fuel efficiency What are car tires?	Using old clothes or linens for something new, like a bag or a cleaning rag What is repurposing?	The average amount of trash each American throws out every year What is 1,700 pounds?	The term for an appliance that uses energy when it is plugged in, even if it is not being used What is a vampire?	A system of rules that are enforced by the government or other organizations What are laws?

THE ENVIRONMENT

	Environmental History	Alternative Energy	Carbon Footprint	Climate Change	Water
100	<p>This holiday was first celebrated on April 22, 1980</p> <p>What is Earth Day?</p>	<p>This uses wind to produce electricity</p> <p>What is a wind turbine?</p>	<p>This number represents the amount of carbon that your lifestyle releases into the atmosphere</p> <p>What is your carbon footprint?</p>	<p>A long-term change in Earth's weather patterns</p> <p>What is climate change?</p>	<p>An easy way to reduce your water consumption and stay clean at the same time</p> <p>What is a 5-minute shower?</p>
200	<p>This environmentalist is most famous for her book, "Silent Spring"</p> <p>Who is Rachel Carson?</p>	<p>A form of alternative energy that uses power from water</p> <p>What is hydroelectric?</p>	<p>Using less of this, found in cars and other forms of transportation, can help decrease your carbon footprint</p> <p>What is fuel?</p>	<p>This phenomenon, responsible for keeping heat in Earth's atmosphere, is named for a place where plants are grown</p> <p>What is the Greenhouse Effect?</p>	<p>74% of the Earth's surface is made up of this</p> <p>What is water?</p>
300	<p>Established in 1872, this was the first National Park in the United States</p> <p>What is Yellowstone National Park?</p>	<p>A biofuel made from corn</p> <p>What is ethanol?</p>	<p>This number represents the number of Earths it takes to support your lifestyle</p> <p>What is your ecological footprint?</p>	<p>This layer of Earth's atmosphere protects humans from harmful rays from the sun</p> <p>What is the ozone layer?</p>	<p>This number represents the amount of water it takes to support your lifestyle</p> <p>What is your water footprint?</p>
400	<p>A U.S. law that protects animals that are at risk for extinction</p> <p>What is the Endangered Species Act?</p>	<p>The main producer of solar power</p> <p>What is the sun?</p>	<p>These are known as "carbon sinks" because they soak up carbon through photosynthesis</p> <p>What are forests?</p>	<p>Increasing temperatures are leading to water shortages in parts of the world, which are known as this</p> <p>What is a drought?</p>	<p>Ditch the bottled, drink this type of water in a reusable bottle</p> <p>What is tap?</p>
500	<p>A 19th-century environmentalist who helped found Yosemite National Park</p> <p>Who is John Muir?</p>	<p>This type of energy uses power from the earth to produce electricity</p> <p>What is geothermal?</p>	<p>Planting trees is one way that money from this is used</p> <p>What is a carbon offset?</p>	<p>These are getting smaller because of increased temperatures on the Earth</p> <p>What are the polar icecaps?</p>	<p>Collecting this to water plants with is a good way to save water</p> <p>What is rainwater?</p>