

Learning ZoneXpress Poster Educates Youth About Steroid Use



OWATONNA, Minn. - Steroids are no longer being used just by professional athletes to enhance athletic performance. In the last few years, steroid use has become increasingly popular with young athletes. To educate students about the harmful effects of steroids, Learning ZoneXpress developed a poster titled "Anabolic Steroids" that outlines the bodily and psychiatric side-effects of steroid use.

"Due to growing pressures on young athletes to be faster and stronger, our hope is to provide youth with current and relevant information they need to make healthy choices," says Melanie Nelson, president and founder of Learning ZoneXpress, author and distributor of educational products.

The "Anabolic Steroids" poster, one of four posters in the new Athletic Performance Boosters Poster Set from Learning ZoneXpress, is an essential learning tool for athletes of any age. These four eye-catching posters can help students make the most informed choices regarding steroid use, food, water, and dietary supplements.

The set includes four laminated 18" x 24" posters for \$39.95. Posters sold individually are \$14.95. To order the Anabolic Steroids Poster or the Athletic Performance Boosters Poster Set call (888) 455-7003 or visit www.learningzonexpress.com.

About Learning ZoneXpress

Learning ZoneXpress, based in Owatonna, Minn., is a leading source of "edu-taining" and award-winning learning tools. Its mission is to design, create and deliver innovative messages on life skills topics including nutrition, child development, family living, character education, and career and financial management. Learning ZoneXpress offers a wide variety of affordable educational DVDs, videos, posters, games, curriculums, and PowerPoint presentations. They are dedicated to responsive and personalized customer service. For more information about Learning ZoneXpress products, visit www.learningzonexpress.com.

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