

# LANA NAEYC Accreditation



## Alignment of National Association for the Education of Young Children (NAEYC) Early Childhood Program Standards and Accreditation Criteria to LANA Preschool Program (Learning About Nutrition through Activities)

The *LANA Preschool Program* is a comprehensive, research-based nutrition education program for preschool children and their families. The Program has three components: Menu and Mealtime; Fruit and Vegetable Related Activities; and Family Involvement. The Program’s content is consistent with NAEYC Accreditation Standards for Relationships (1), Curriculum (2), Teaching (3), Health (5), and Families (7). The NAEYC Standards of Child Progress (4), Teachers (6), Community Relationships (8), Physical Environment (9) and Leadership and Management (10) are not addressed by the *LANA Program* and are not included in this chart.

NAEYC Accreditation Criteria (Topic Areas)	LANA Preschool Program (Content and Practices)
<p><b>Standard 1. Relationships</b></p> <p>1.A. Building Positive Relationships among Teachers and Families</p> <p>1.B. Building Positive Relationships Between Teachers and Children</p> <p>1.C. Helping Children Make Friends</p> <p>1.D. Creating a Predictable, Consistent and Harmonious Classroom</p> <p>1.E. Addressing Challenging Behaviors</p> <p>1.F. Promoting Self-Regulation</p>	<p><b>1. Relationships</b></p> <p>1.A. The LANA Program includes a family involvement component and provides materials for teachers to use in interactions with families. Strategies for communicating with families about good nutrition are provided through the take-home LANA storybooks and parent letters.</p> <p>1.B. The Program uses a positive approach to introduce new fruits and vegetables to children and respects and honors child choices. Teachers are expected to model openness to new foods and experiences.</p> <p>1.C. The Program uses a Lana the Iguana puppet and offers other suggestions to help children interact and share with each other through stories, songs, games and other activities.</p> <p>1.D. The Program provides activities and projects that promote pro-social behavior and provides visual images of children and families from diverse ethnic and cultural backgrounds participating together. The Program uses a variety of different activities and materials for helping young children learn about fruits and vegetables.</p> <p>1.E. The activities suggested are inclusive of all children and are flexible enough to provide opportunities for teacher modifications. Teachers can select from among suggested learning activities to complete a lesson plan that is appropriate for their group of children.</p> <p>1.F. Positive behavior guidance is supported and modeled in the stories, books, activities and projects provided by the Program. Problem solving is encouraged and modeled by the LANA stories.</p>

NAEYC Accreditation Criteria (Topic Areas)	LANA Preschool Program (Content and Practices)
<p><b>Standard 2: Curriculum</b></p> <p>2.A. Curriculum: Essential Characteristics</p> <p>2.B. Areas of Development: Social-Emotional Development</p> <p>2.C. Areas of Development: Physical Development</p> <p>2.D. Areas of Development: Language Development</p> <p>2.E. Curriculum Content Area for Cognitive Development: Early Literacy</p> <p>2.F. Curriculum Content Area for Cognitive Development: Early Mathematics</p> <p>2.G. Curriculum Content Area for Cognitive Development: Science</p> <p>2.H. Curriculum Content Area for Cognitive Development: Technology</p>	<p><b>Curriculum</b></p> <p>2.A. The LANA Program is a comprehensive, research-based nutrition education program that includes six theme units designed to teach young children about fruits and vegetables. The units include learning activities in all areas of development.</p> <p>2.B. A Lana the Iguana puppet is introduced to engage the children in new activities and encourage positive social interaction among the children. Books are also included that promote pro-social behavior.</p> <p>2.C. Suggested large motor activities are included in each of the theme units. The children are also involved in many small motor tasks through the tasting and cooking activities as part of the Program.</p> <p>2.D. The theme units include a strong emphasis on language interaction using the Lana puppet and stories. New vocabulary is introduced with fruits and vegetables and through the related activities.</p> <p>2.E. A list of recommended storybooks is provided for each of the theme units. Each unit also features a book with related activities and projects. Discussion ideas related to the featured books and story time are provided for teachers.</p> <p>2.F. Math and Science are included in the sample lesson plans and each theme units includes suggested activities for these areas. For example, some of the units provide opportunities for sorting, classifying and graphing fruits and vegetables as well as recording tasting choices in chart form.</p> <p>2.G. Several of the units in the LANA Program have a strong emphasis on science including units on vegetarian animals, senses and growing things. All of the units include suggestions for activities and projects using science concepts and methods.</p> <p>2.H. The LANA Program does not depend on the use of passive media for teaching. Several of the activities, such as observing and recording growth of the plants or the tasting charts, lend themselves to using various forms of technology as tools to extend learning within the classroom.</p>

NAEYC Accreditation Criteria (Topic Areas)	LANA Preschool Program (Content and Practices)
<p>2.J. Curriculum Content Area for Cognitive Development: Creative Expression and Appreciation for the Arts</p> <p>2.K. Curriculum Content Area for Cognitive Development: Health and Safety</p> <p>2.L. Curriculum Content Area for Cognitive Development: Social Studies</p>	<p>2.J. Children are provided with many opportunities to use art and creative expression in exploring the content and materials included in the Program. Each of the theme units includes several art activities that are available for teachers to use with the children. Music and movement are included as a learning area in the sample lesson plans with songs, finger plays and games listed for each unit.</p> <p>2.K. The LANA Program specifically addresses several of the NAEYC Criteria related to Health and Safety. As stated in the Accreditation Standards (2.K.02.): “Children are provided varied opportunities and materials to help them learn about nutrition, including identifying sources of food and recognizing, preparing, eating and valuing healthy foods.” The intent of this criteria is central to the over-all goal, purpose and content of the LANA Preschool Program.</p> <p>2.L. The closing theme unit of the LANA Program, “Foods for Everyone”, emphasizes the different types of fruits and vegetables that are grown and eaten in different places and climates and that are special to various families and cultures. Teachers, children and families are invited to participate in a multicultural celebration featuring children’s cooking activities and experiences.</p>

NAEYC Accreditation Criteria (Topic Areas)es.	LANA Preschool Program (Content and Practices)
<p><b>Standard 3: Teaching</b></p> <p>3.A. Designing Enriched Learning Environments</p> <p>3.B. Creating Caring Communities for Learning</p> <p>3.C. Supervising children</p> <p>3.D. Using Time, Groupings, and Routines to Achieve Learning Goals</p> <p>3.E. Responding to Children’s Interests and Needs</p> <p>3.F. Making Learning Meaningful for All Children</p> <p>3.G. Using Instruction to Deepen Children’s Understanding and Build Their Skills and Knowledge</p>	<p><b>3. Teaching</b></p> <p>3.A. Sample lesson planning forms are included for each unit to provide a model for teachers to use in implementing the LANA Program. The Program includes suggested activities, books and materials for all the learning areas of the classroom and also provides lists of resources that support the teaching of each unit.</p> <p>3.B. The Lana the Iguana puppet is used to help create a shared learning experience for all the children. The LANA stories promote exploration and curiosity and model ways to find positive solutions to everyday problems. The children in the stories represent different ethnic or cultural backgrounds to help all children feel included.</p> <p>3.C. The tasting and cooking activities and experience require appropriate supervision of the children, as do the classroom activities that are part of the theme units.</p> <p>3.D. Suggestions are given for making snack time and lunch time enjoyable and pleasant. Planning sheets are provided to help in advance preparation of the tasting and cooking activities. The theme units incorporate activities that can be scheduled during the day or week and that are appropriate for individual, small and/or large groups.</p> <p>3.E. The LANA Program is flexible enough to allow teachers to plan and respond to children’s individual interests and needs. Several alternative activities are described in the theme units for each learning area so that teachers can choose what is most appropriate for their particular group of children.</p> <p>3.F. Teachers are provided with planning sheets and lesson planning forms that they can adapt and modify in order to make learning meaningful in their setting and for individual children. The stories and materials are selected to represent a range of experiences and reflect children and families’ diverse ethnic and cultural backgrounds.</p> <p>3.G. New information and concepts are introduced using the Lana the Iguana puppet and stories. Children are provided opportunities to use what they are learning through activities and cooking experienc</p>

NAEYC Accreditation Criteria (Topic Areas)n.	LANA Preschool Program (Content and Practices)
<p><b>Standard 5: Health</b>            5.A. Promoting and Protecting Children’s Health and Controlling Infectious Disease</p> <p>5.B. Ensuring Children’s Nutritional Well-being</p> <p>5.C. Maintaining a Healthful Environment</p>	<p><b>5. Health</b>            5.A. The overall goal of the LANA Program is to help young children learn to taste, eat and enjoy more fruits and vegetables each day for good health. The research-based program has demonstrated ways to increase the consumption of fruits and vegetables by young children. Developing healthy eating habits in childhood can reduce the risk of developing chronic diseases such as cancer, heart disease, stroke and diabetes later in life and help reduce childhood obesity.</p> <p>5.B. The Program provides nutrition education and improved nutrition through a comprehensive approach. Sample menus for lunch and snack and suggestions about how to promote healthy food choices are included. Tips for positive mealtime interactions and positive ways to introduce new fruits and vegetables to young children are also provided.</p> <p>5.C. The weekly cooking and tasting activities included in the LANA Program follow good health and sanitation guidelines and practices and include planning sheets and instructions for implementatio</p>

NAEYC Accreditation Criteria (Topic Areas).	LANA Preschool Program (Content and Practices)
<p><b>Standard 7: Families</b>            7.A. Knowing and Understanding the Program’s Families</p> <p>7.B. Sharing Information Between Staff and Families</p> <p>7.C. Nurturing Families as Advocates for Their Children.</p>	<p><b>7. Families</b>            7.A. The LANA Program provides ways to engage families in their child’s learning and acknowledges their role in improving the nutrition of young children. Family Resources are provided to help families link what their child is learning at school with activities at home.</p> <p>7.B. A parent letter introduces each theme unit and copies of the LANA stories are provided for parents and children to read at home. Take-Home Tasting Kits provide an opportunity for parents and children to taste the fruits and vegetables the children are learning about at school. Ideas for extending the learning at home are given.</p> <p>7.C. A series of five “Parents Talk…About Feeding Kids” brochures are sent home. The brochures present information about the feeding relationship in a conversational, non-threatening way</p>