Directions: Answer the following questions after watching the video “The Scoop on Blended Families.”

1. What are the elements in the SCOOP strategy?
   
   S ______________________
   C ______________________
   O ______________________
   O ______________________
   P ______________________

2. What are some of the concerns teens have about becoming part of a stepfamily?

3. What is one good way to deal with new rules in a blended family?

4. What advice did the teens have about being in the middle of two parents asking questions about each other?
5. Give an example how talking helped one of the teens with her new family situation?

6. How did one member of the Scoop Group decide what to call her stepfather?

7. What did one of the teen's stepfamily do about protecting privacy when they blended families?

8. How did Nick solve the problem of switching homes so often?

9. What are some of the good things about blended families, according to the Scoop Group?

10. What's your favorite flavor of ice cream?

**Blended Friend Activity**

*Divide into small groups. The groups can include students who are in blended families and those who are not. Come up with at least five ways you could help a friend who is adjusting to life in a blended family.*

**Blended Family Book for Teens**

*Step Living for Teens: Getting Along with Stepparents, Parents, and Siblings,* Authors: Dr. Joel D. Block, Dr. Susan S. Bartell.
Directions: Answer the following questions after watching the video “The Scoop on Blended Families.”

1. What are the elements in the SCOOP strategy?
   
   - S upportive Respect
   - C ommunication
   - O ptimism
   - O ptimism – a double dip
   - P atience

2. What are some of the concerns teens have about becoming part of a stepfamily?
   
   Where they'll live. What they should call their stepparent. How the rules may change. Do they have to take sides between their parents? What if they don't like their stepbrothers and sisters?

3. What is one good way to deal with new rules in a blended family?
   
   Set up a family meeting to discuss the new rules. Negotiating chores can also be a good strategy.

4. What advice did the teens have about being in the middle of two parents asking questions about each other?
   
   Be honest with your parents. Explain that although you love them both, snitching is upsetting and you aren't going to be in the middle anymore.
5. Give an example how talking helped one of the teens with her new family situation?

Two stepsisters talked about how they'd like to divide the chores. They also talked about how to deal with the fact that one of them gets more money and clothes on visits at her father's house.

6. How did one member of the Scoop Group decide what to call her stepfather?

She talked it over with her stepfather and together they decided she would continue to call him by his first name.

7. What did one of the teen's stepfamily do about protecting privacy when they blended families?

They had a family meeting and decided to respect boundaries instead of installing locks.

8. How did Nick solve the problem of switching homes so often?

He calmly asked it he could spend a longer time at each house.

9. What are some of the good things about blended families, according to the Scoop Group?

More people mean more presents. They don't have to listen to parent fights. Stepparents and stepsiblings can be good friends. It was wonderful to have a baby half-sister.

10. What's your favorite flavor of ice cream?

Blended Friend Activity

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