



Name _____

Hour _____

Video Worksheet

Nurturing Care

Directions: Answer the following questions as you watch “Taking Care of Baby: Nurturing Care.”

Calming

1. Describe five techniques you can use to calm a baby.

2. What are the symptoms of colic?

Playtime

3. Give several suggestions for effective play with a baby.

4. Why is it important to talk to babies?

Safety

5. Identify five general safety concerns when caring for a baby.

6. Where is the safest place to put the baby's car seat?





Teacher's Answer Key

Nurturing Care

Directions: Answer the following questions as you watch “Taking Care of Baby: Nurturing Care.”

Calming

1. Describe five techniques you can use to calm a baby.

Have a calm, confident approach.

Provide movement and walk with the baby.

Provide a distraction and talk to the baby.

Hold the baby, cuddle, and swaddle.

Play soft, soothing music.

2. What are the symptoms of colic?

A period of uncontrolled crying and the baby pulls his or her legs up to the chest.

It is usually outgrown by 3 months.

Playtime

3. Give several suggestions for effective play with a baby.

Hold something bright in front of him/her.

Show contrasts like black and white.

Use different textures, shapes and colors.

Talk, sing, and make noises.

4. Why is it important to talk to babies?

Babies learn to talk and communicate based on what their caregivers say to them and how much they are talked to.

Safety

5. Identify five general safety concerns when caring for a baby.

Never leave a baby unattended on a surface without protective side rails.

Keep dangerous items in a high closed cupboard.

Cover electrical outlets.

Keep purse out of babies reach.

Keep dangling cords out of babies reach.

Never use a plastic bag as a mattress cover.

Keep all small objects out of your babies reach.

Keep the baby out of direct sunlight.

6. Where is the safest place to put the baby's car seat?

In the center of the back seat.

