Got a Notion to Sew?
Concepts To Work With

TOOLS

Measuring
- Tape measure
- Seam gauge
- hard edge rulers

Cutting
- Scissors
- Shears
- Rotary cutter
- Pinking/scallop shears

Needles
- Hand sewing
- Machine needles
- Machine embroidery needles
- Serger needles

Marking Tools
- Tracing paper/tracing wheel
- Air erasable markers
- Water erasable markers
- Chalk markers

Pressing
- Irons/steam/ironing boards

Stabilizers
- For decorative stitching
- For machine embroidery
- Various types: Tear away, wash away, cut away, poly, permanent, others

Sewing Safety
- Cutting
- Pressing
- Sewing machines
- Other sewing equipment

Machines
- Basic sewing
- Machine embroidery
- Sergers

Project Ideas
- Name banner
- Memory quilt
- Pillow case
- Pillow
- Simple bag
- Fleece blanket
- Hat

Careers in the FACS Field

Other
- Zipper insertion
- Simple buttonholes/button
### DRAWSTRING or BACK-PACK BAG Project Instructions

#### Pattern Layout & Marking
1. Place fabric RIGHT sides together. Make sure SELVAGE edges are even and match. PIN fabric together in 5-6 places.  
   ![Pattern Layout & Marking Diagram]
2. Place pattern on fabric.
3. TRACE around pattern with tailor’s chalk. You will now have a 14 ½” x 22” rectangle.
4. Neatly and accurately transfer ALL pattern markings/symbols to the WRONG side of TOP (facing you) fabric.
5. Have work OK’d by your teacher before moving to Step 6.

#### Cutting
6. Use shears to carefully CUT fabric on your marked SOLID LINES. NOTE: You will be cutting 2 layers of fabric at the same time!
7. Write “TOP” on the bottom fabric.

#### Seam Finish and Patch/Trim
8. Sew a zigzag seam finish on all 4 sides of the paper given you. Have your practice seam finish OK’d by your teacher before moving to Step 9.
9. Seam finish 4 “cut” edges (AD, DE, EF, FA) on separate fabric sections. Use a _______ stitch length and a _______ width zigzag. NOTE: this zigzag stitching will prevent raveling/shedding.
10. PIN trim/patch on fabric OR complete your embroidery design. Have teacher “OK” before ironing or sewing your patch/trim on the fabric.

#### Sewing Drawstring or Back-Pack Bag
11. PIN the 2 pieces of fabric, RIGHT sides together. Match dots A, B, C, D, E, (G & H if making back pack) & F. Pins should be placed every 3-4” and perpendicular to the stitching line. Have teacher “OK” your pinning.
12. PRACTICE sewing a 5/8” seam using 2 pieces of paper (pretend it is your actual fabric project!) Have teacher “OK” your practice sewing before moving to step 13.
13. Sew a 5/8” wide seam in the following sequence.  
   ___ A. Beginning at A (the very top edge of your fabric), backstitch, sew to B and backstitch  
   ___ B. *** Leave section between B and C unsewn/open.  
   ___ C. Beginning at C, backstitch, sew to D.  
   ___ D. Pivot at D, sew to E, pivot, sew to (BACKPACK version sew to G, backstitch, leave space between G and H unsewn/open, start sewing again at H (backstitch) and sew to F (should now be at the very top edge of your fabric) and backstitch.  
   ___ E. Trim threads.
### DRAWSTRING or BACK-PACK BAG Project Instructions

#### Sewing Drawstring or Back-Pack Bag

<table>
<thead>
<tr>
<th>Step</th>
<th>Instruction</th>
</tr>
</thead>
<tbody>
<tr>
<td>14.</td>
<td>Clip corners using a shears. <strong>Look at example before clipping!</strong></td>
</tr>
<tr>
<td>15.</td>
<td>Finger press seams open. Pretend the seams allowances are 2 pages of an open book!</td>
</tr>
<tr>
<td>16.</td>
<td>To reinforce drawstring opening, machine stitch along each side of opening ¼” from folded edge through fabric and seam allowance. <strong>Look at example before sewing!</strong></td>
</tr>
</tbody>
</table>

![Step 14](image1)

#### Sewing the Drawstring Casing

<table>
<thead>
<tr>
<th>Step</th>
<th>Instruction</th>
</tr>
</thead>
<tbody>
<tr>
<td>17.</td>
<td>Turn ½” of the unfinished edge (AF) to the WRONG side, pin, then sew close to the fold. Look at example!</td>
</tr>
<tr>
<td>18.</td>
<td>Turn folded edge to WRONG side of bag to form a 1 ½” casing. Pin folded fabric in place. Have teacher “OK” your work.</td>
</tr>
<tr>
<td>19.</td>
<td>Sew close to the TOP edge, all the way around the bag. Backstitch at beginning and end of sewing.</td>
</tr>
<tr>
<td>20.</td>
<td>Sew close to the BOTTOM of the 1 ½” casing through all layers of fabric. Backstitch at beginning and end of sewing. If sewing a drawstring bag, or you have used webbing, skip to step 26.</td>
</tr>
</tbody>
</table>

![Step 18](image2)

#### Back-Pack Corners and Grommets

<table>
<thead>
<tr>
<th>Step</th>
<th>Instruction</th>
</tr>
</thead>
<tbody>
<tr>
<td>21.</td>
<td>Turn project to the RIGHT side. Carefully and neatly flatten seam area so there is no “floppy-extra fabric wings”. Look at example!</td>
</tr>
<tr>
<td>22.</td>
<td>Use a ruler or seam gauge to measure UP 2 ½” from each corner and 2 ½” IN from each corner. Mark each 2 ½” spot with a chalk dot.</td>
</tr>
<tr>
<td>23.</td>
<td>Use a ruler to neatly draw a chalk line between the 2 corner dots.</td>
</tr>
<tr>
<td>24.</td>
<td>Sew on your chalk line. Be sure to backstitch when you start and end.</td>
</tr>
<tr>
<td>25.</td>
<td>Have teacher help you pound in the 3/8” grommets.</td>
</tr>
</tbody>
</table>

![Step 22 & 23](image3)

#### Cording

<table>
<thead>
<tr>
<th>Step</th>
<th>Instruction</th>
</tr>
</thead>
<tbody>
<tr>
<td>26.</td>
<td>Place a safety pin through the end of your cording or shoelace. Slide pin and drawstring through casing, being sure to hold onto the other end of the cord/shoelace so that it does not pull into the casing.</td>
</tr>
<tr>
<td>27.</td>
<td>Knot cording/shoe lace ends together.</td>
</tr>
<tr>
<td>28.</td>
<td>BACK-PACK version. Cut your 4 ½ yds. of cording in half. Be sure to tape the cut ends. Now follow step 25- then REPEAT step 25 a second time with the 2nd cording- be sure to start at the other opening. Finally, “thread” your cording through a grommet and tie a knot on the back. Repeat with the 2nd cording and grommet.</td>
</tr>
</tbody>
</table>

![Step 26](image4)

![Step 27](image5)

#### Completion

- Carefully remove/cut any loose threads inside and out.
- Turn drawstring bag so the RIGHT side is out. Finger press.
- Complete your evaluation sheet.
- Place the evaluation sheet INSIDE your project.
- Hand in as directed.
**DRAWSTRING or BACK-PACK BAG Project Evaluation**

<table>
<thead>
<tr>
<th>Possible Points</th>
<th>Student</th>
<th>Teacher</th>
</tr>
</thead>
</table>

### 1. Pattern Layout
- pattern on grain of fabric
- Teacher **ok’d** before cutting

### 2. Cutting
- long, smooth cuts
- on marked cutting line

### 3. Marking
- dots clearly & accurately marked
- letters clearly & accurately marked
- markings on wrong side of fabric
- **TOP** written on both fabric pieces

### 4. Zigzag Stitching (seam finish to prevent raveling)
- on cut edge of fabric
- single layer of fabric
- on all sides of fabric
- even thread tension

### 5. Bag Seams
- Backstitched at beginning and end
- opening(s) left for cording
- Pivot at corners
- 5/8” seam allowance
- neat, even stitching
- even thread tension

### 6. Stitching at top of bag (casing)
- Stitching to reinforce drawstring opening
  - uniform, fabric flat, no puckers
- Backstitched at beginning and end
  - ½” turned under and stitched evenly
- Accurately measured, pinned, and stitched
  - 1½” from top folded edge
- Stitched close to top edge
- Neat, even stitching
- No tucks or folds

### 7. Back Pack version
- Webbing even, securely stitched at corners
**OR**
- Grommets secure, corners accurately stitched
  (no puckers or lumpy seams)

### 8. Cording
- Accurately inserted in casing (webbing or grommets)
- Ends knotted, not raveled

### 9. Appearance of project
- Customized & personalized
- Iron-on/embroidered design neat & secure
- Loose threads trimmed and removed

### 10. Time Management
- Materials in class on date due
- Used time efficiently, wisely, effectively
- Worked quietly and cooperatively
- Showed respect for others and equipment
- Helped with clean-up

**TOTAL POINTS EARNED**
- **Draw String Bag** = 65
- **Back Pack Bag** = 75
Don’t Bug Me or Just Zip It Bag

Supplies:
1 – 12” zipper
1 – 9” zipper
1 – 7” zipper
Note: contrast colors can be used as well as recycled zippers from unused items.

¾ yd. of 45” wide medium weight fabric or
½ yd. of 54” or wider fabric
3 ½ yd. strapping
(Optional for straps: 3/8 yd. of 45” fabric or ¼ yd. of 54” or wider fabric to make your own straps)

Cutting Directions:
Use a marking tool to draw the following measurements on your fabric. Cut with a shears or measure on a cutting board and cut out with a rotary cutter.

- Main piece: cut 14” x 36”
- Pocket 1: 11 ½” length x 8 ½” width (for use with 7” zipper)
- Pocket 2: 7 ½” length x 11 ½” width (for use with 9” zipper)
- Optional fabric straps:
  - 54” or wider fabric: cut 2 pieces 2 ¼” x 50”
  - 45” fabric: cut 4 pieces 2 ¼” x 25 ¼”

Pressing Directions:
- Press all fabric before marking and cutting. Set iron on cotton and use steam.
- Press carefully throughout the construction.
- Be cautious around zippers. Some zippers can melt or scratch the iron.

Sewing Directions:

Step one:
Press the 14” x 36” fabric in half. The piece will now measure 14” x 18”. The folded edge is the top of your bag.

Step two:
On one side only, measure down 2” from fold and draw a line across to mark zipper placement.

Step three:
Open fabric to a single layer. On right side of fabric, place 12” zipper on top of marked line. Zipper can be taped in place until sewing is complete. (Note: Entire zipper will show on the outside of the bag.)

Step four:
Using a zipper foot on the sewing machine, sew down the center of each side of zipper and across ends of the zipper. Use a 2.0 stitch length to sew close to the zipper teeth, across the ends and then sew another row of stitching around the zipper outside edge.

Turn fabric to wrong side. Carefully cut a slit in the center of zipper stitching and cut the length of the zipper teeth. Trim away excess fabric from the teeth of the zipper, about 1/8” from the stitching.
Step five:

Pocket one – use 7” zipper

Fold top edge (8 ½” edge) ¼” to right side of pocket, press.

With right side of fabric facing you, center zipper over pressed edge along the edge of the zipper teeth. The fold of the fabric will be along the zipper teeth. Half the zipper will be on the fabric and half will be off the fabric.

Center pocket on the main fabric on the same side as the long zipper, raw edges together along the bottom of bag.

Baste pocket in place using a 4.0 stitch length along the sides and bottom.

Use a 2.5 stitch length and sew along zipper teeth and edge of zipper to secure to the bag. (Note: be sure to sew on the zipper side that was not sewn previously.)

Pocket two – use 9” zipper

On long side (11 ½” side) press ¼” toward right side of fabric. Place 9” zipper along this side, with right side of fabric and zipper facing you, about 1” from the bottom edge. Half the zipper will extend past the fabric as it did in pocket one.

Sew along zipper teeth (2.5 stitch length) and again along edge of zipper to attach to the pocket.

Set aside.

Cut one strapping piece 50” long. On the side of the bag where pocket two will be placed (the side with no zipper), pin strapping in place on this side only. Place the strap 2” from the side edge of bag with raw edges even on the bottom of the bag. Sew on both edges of strap to within 4” of fold crease line (top of bag). Pocket 2 will be placed over the strapping.

Place pocket two over strap with raw edges even on bottom and side. Zipper will be close to center of the bag. Baste in place along the edges without the zipper. Sew along zipper teeth and edge of zipper, using 2.5 stitch length to secure to bag.

Cut a piece of strapping 11 ½” long. Place over pocket top edge covering the raw edge of the pocket. Sew strapping in place along both edges. Strapping will extend over center of bag, past the zipper edge.
Step six:
Strapping
On bag where one side of the first strap is sewn, pin loose end of strap in place, 2 ½” from side of bag with raw edge of strap even with the bottom of the bag. Stitch strap in place stopping about 6” from the top of bag. Remember: crease line in the middle is the top of the bag.

Cut another piece of strapping 50” long. On the opposite side place strap, centering over the pocket sides. Sew the strap on each side as done previously to within 6” from top of bag.

Optional method using self-made straps:
54” or wider fabric: cut two pieces each 2 ¼” x 50”
45” fabric cut 4 pieces each 2 ¼” x 25”
(Sew two pieces right sides together along the 2 ¼” edge to create a long strip. Make 2 of these.)

Cut one piece 2 ¼” x 11 ½”
Sew each piece in half lengthwise, right sides together. Turn right side out. Press. Use in place of purchased strapping.

Time for Bugs!
Decorate your bag while it is still a long, flat piece.

Some options are:
• With pencil, lightly draw some bugs or other “critters” on your bag, then paint with fabric dye as if coloring
• Use stencils and sponge with fabric paints.
• Use stamps (foam or rubber) to stamp designs on the fabric.

Suggestions for decorating:
• Cover table with plastic
• Place paper toweling or plastic inside pockets to prevent dyes from bleeding through.
• Dyes may need to be heat set by pressing when dry.
• Let dye or paints dry thoroughly before completing construction.

Have fun decorating your bag!

Step seven:
Fold entire bag in half, right sides together and raw edges even. Sew, then zigzag or serge both sides and bottom with ¼” seams. Turn right side out. Press.

To “square” the bag:
On each corner of bag, with inside of bag showing (bag is inside out), flatten corner with seam in the center. Sew across seam 1 ½” from point. Sew all four corners.

Turn right side out. Press.

Finished! Enjoy, don’t get bugged!

Complete score sheet and turn in for grading.
Don’t Bug Me or Just Zip It Bag
Score Sheet

Each criteria worth 5 points for a total of 50 possible points.
   0 = not completed, 1 = low, 5 = best

<table>
<thead>
<tr>
<th>Criteria</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Measured and marked fabric correctly.</td>
<td></td>
</tr>
<tr>
<td>Cut all fabric pieces accurately and straight.</td>
<td></td>
</tr>
<tr>
<td>Pressed as needed.</td>
<td></td>
</tr>
<tr>
<td>Zippers secured in place, sewn neatly.</td>
<td></td>
</tr>
<tr>
<td>Pockets sewn correctly.</td>
<td></td>
</tr>
<tr>
<td>Straps sewn in place correctly, neatly.</td>
<td></td>
</tr>
<tr>
<td>Straight and even seams on all pieces.</td>
<td></td>
</tr>
<tr>
<td>Seams serged or zigzagged.</td>
<td></td>
</tr>
<tr>
<td>Dye or paint successfully applied.</td>
<td></td>
</tr>
<tr>
<td>Appropriate use of equipment, helped with clean-up.  Good time management.</td>
<td></td>
</tr>
</tbody>
</table>

Total points:

Comments:                                Grade: _________
Fun Fleece Projects
Mittens to Go!

**You will learn:**
- How to use a simple pattern
- Cutting
- Combining pieces
- Measuring
- Marking
- Serging or machine sewing

**Supplies needed:**
- ½ yd. fleece fabric
- Mitten pattern (in this packet)
- Measuring, cutting and marking tools
- Thread, pins
- Serger or sewing machine

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**Mitten directions:**

**Step one:**
Fold fabric with selvages together and right sides out (showing). Lay pattern on fabric, paying attention to the stretch and grainline arrows on the pattern.

**Step two:**
Cut out 4 pieces (cut out pattern 2 times as the fabric is double).

**Step three:**
With right sides together, serge or sew a ¼” seam around the main mitten piece. Do NOT sew the end where the cuff will go! Turn right side out when serging is complete.

**Step four:**
To make cuffs cut from contrast fabric, the same fabric or ribbing, 2 pieces that measure 6” (along the lengthwise grain) x 8 ½” (across the grain – or on the stretch of the fabric).

**Step five:**
Fold cuff fabric in half, matching the 6” sides, right sides together. Serge or sew with a zigzag, a ¼” seam along the 6” edge of each cuff. Fold each in half, with seam on the inside.

**Step six:**
Place cuff over mitten, matching seam in cuff to thumb seam. Stretch cuff to fit over mitten. Pin. Serge or sew with a ¼” seam. After sewing, pull cuff outward – your mittens are finished!

Optional: Embroidery can be added to mittens before any sewing begins.

Complete score sheet and turn in for grading. Enjoy your new mittens!
# Fun Fleece Projects

**Mittens to Go!**

Score Sheet

Each criteria worth 5 points for a total of 50 possible points.
0 = not completed, 1 = low, 5 = best

<table>
<thead>
<tr>
<th>Criteria</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Good choice of fabrics.</td>
<td></td>
</tr>
<tr>
<td>Fabric measured, marked correctly.</td>
<td></td>
</tr>
<tr>
<td>All pieces cut accurately and neatly.</td>
<td></td>
</tr>
<tr>
<td>Serged or sewn together with narrow seams.</td>
<td></td>
</tr>
<tr>
<td>Cuff sewn correctly, no seam showing.</td>
<td></td>
</tr>
<tr>
<td>Cuff attached to mitten, no puckers.</td>
<td></td>
</tr>
<tr>
<td>Completed mittens match in size and shape.</td>
<td></td>
</tr>
<tr>
<td>Optional embroidery completed correctly.</td>
<td></td>
</tr>
<tr>
<td>Appropriate use of equipment and helped with clean-up.</td>
<td></td>
</tr>
<tr>
<td>Good time management.</td>
<td></td>
</tr>
</tbody>
</table>

**Total points:**

**Comments:**

**Grade:**
Fun Fleece Projects
Knotted Hat and Scarf

**Supplies needed:**
¾ yd. fleece fabric

**Knotted Hat Project:**

*Cut fleece fabric with the following dimensions:*

Cut one piece 22” (along the stretch of the fabric) x18” (along the lengthwise grain of the fleece)

Along the 22” edge, make several cuts about ¼” wide and about 6” long.

Fold hat in half, right sides together, with 18” edges matching. Serge or sew along this edge from the bottom of the fringe to the bottom edge of the hat.

Next, fold hem (without the fringe) 2” to the inside of hat forming the hem. Stitch around the hem, close to the cut edge. Use a 3.5 stitch length.

**Learn about:**
- Measuring
- Using a rotary cutter
- Using a serger (optional)
- Sewing quick projects

Turn hat right side out. Cut an extra piece of fleece – about the length and width of a piece of fringe. Use this to tightly tie together the fringe, forming the top of the hat. Fringe will “flop” over hat. Pair fringe pieces and knot each at the end.

Hat is complete! Fill out score sheet and turn in for grading. Have fun wearing your flip flop hat!

**Matching Scarf:**

To make a matching scarf, cut a piece of fleece 9” by the width of the fleece fabric (about 60”). Cut off the selvages. Fringe each end of the scarf as you did with the hat, cutting fringe about 4” long.

**Optional:**
Embroidery designs can be added to your scarf if desired.

Scarf is finished! Turn in with hat to be graded.

**Another option for your scarf:**
Cut entire scarf with a wavy blade rotary cutter or pinking shears. Use a plate as a guide to cut around the ends to create curved ends. Finished!
## Fun Fleece Projects

**Knotted Hat and Scarf**  
**Score Sheet**

Each criteria worth 5 points for a total of 50 possible points.  
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</tr>
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<tbody>
<tr>
<td>Good choice of fabrics.</td>
<td></td>
</tr>
<tr>
<td>Fabric measured, marked correctly.</td>
<td></td>
</tr>
<tr>
<td>All pieces cut accurately and neatly, including fringe.</td>
<td></td>
</tr>
<tr>
<td>Hat serged or sewn together.</td>
<td></td>
</tr>
<tr>
<td>Fringe tied tightly together to form hat top.</td>
<td></td>
</tr>
<tr>
<td>Hem folded and sewn evenly, 3.5 stitch length.</td>
<td></td>
</tr>
<tr>
<td>Scarf cut straight, accurately, finished neatly. (fringe or wavy cut)</td>
<td></td>
</tr>
<tr>
<td>Optional embroidery completed correctly.</td>
<td></td>
</tr>
<tr>
<td>Appropriate use of equipment and helped with clean-up.</td>
<td></td>
</tr>
<tr>
<td>Good time management.</td>
<td></td>
</tr>
</tbody>
</table>

**Total points:**

<table>
<thead>
<tr>
<th>Comments:</th>
<th>Grade</th>
</tr>
</thead>
</table>
Mix & Match, Make It Yours
Pillow Case

Instructions:
Follow these instructions to make your own mix and match pillow case. You will be graded on how well your pillow case looks and how well you followed instructions.

Supplies needed:
7/8 yd. main fabric
1/3 yd. hem fabric
1/8 yd. contrast trim fabric

Cutting directions:
Note: use a marking tool to mark cutting line and cut with a shears or use an acrylic ruler and rotary cutter.
Main fabric: 30” x 42”
Hem fabric: 12” x 42”
Trim fabric: 2” x 42”

Construction directions:
Press all pieces, press trim piece in half lengthwise with wrong sides together. Piece will now measure 1” x 42”

Sew trim piece to main fabric along 42” edge. Place raw edges together with trim piece on the right side of the main fabric. Use a 3.5 stitch length and sew with a ¼” seam.

Fold main fabric in half with right sides together, matching all raw edges. Pin.

Serge, or sew a zigzag, using a ¼” seam, on the 30” side and the 21” end without the trim.

Turn right side out and press.

Fold hem fabric in half, right sides together, matching edges on the 12” side. Pin. Serge, or sew a zigzag, the 12” side.

Fold the contrast piece in half, wrong sides together so the stitched seam is on the inside. The width of the hem should now be 6”. Press.

With the main piece turned right side out, place hem piece over the open end of the main piece, matching raw edges and seams. Serge, or sew a zigzag, ¼” seam.

Press hem outward. Press entire pillow case. Your pillow case is complete!

Optional:
Personalize your pillow case by adding an embroidery design or just your name or initials!

Grading:
Score yourself on the pillow case score sheet, pin to your project and turn in for grading.
Mix & Match, Make It Yours
Pillow Case
Score Sheet

Each criteria worth 5 points for a total of 50 possible points.  
0 = not completed, 1 = low, 5 = best

<table>
<thead>
<tr>
<th>Criteria</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Good choice of contrasting fabrics.</td>
<td></td>
</tr>
<tr>
<td>Fabric measured, marked correctly.</td>
<td></td>
</tr>
<tr>
<td>All pieces cut accurately and neatly.</td>
<td></td>
</tr>
<tr>
<td>Trim even and applied correctly.</td>
<td></td>
</tr>
<tr>
<td>Straight and even serged (or finished) seams.</td>
<td></td>
</tr>
<tr>
<td>Hem folded and sewn correctly, fits accurately.</td>
<td></td>
</tr>
<tr>
<td>Hem is sewn on main fabric evenly, correctly.</td>
<td></td>
</tr>
<tr>
<td>Pressed well as needed and when finished.</td>
<td></td>
</tr>
<tr>
<td>Appropriate use of equipment and helped with clean-up.</td>
<td></td>
</tr>
<tr>
<td>Good time management.</td>
<td></td>
</tr>
</tbody>
</table>

Total points: [ ]

Comments: _____________________________ Grade: ________
**Just a Cozy Pillow**
A Quick Fleece Project

**Concepts to learn in this sewing project are:**
- Measuring
- Rotary cutting
- Straight line stitching
- Buttons and buttonholes

**Supplies needed:**
- \( \frac{1}{2} \) yd. fleece fabric
- 2 pieces 2” x 9” stabilizer (not a wash away stabilizer)
- 2- 1” buttons
- Matching thread
- Adhesive quilting guide

**Pillow directions:**

**Step one:**
Cut 1 piece of fleece fabric 16” square.
Cut 2 pieces of fleece 16” x 12”
Cut 2 stabilizer pieces 2” x 9”

**Step two:**
On each 12” piece, along the 16” edge, place the stabilizer on the wrong side of the fleece.
Measure 2 \( \frac{1}{2} \)” from the edge, fold edge toward the wrong side of the fabric to create a hem (stabilizer will be in between the fabric). Set the adhesive quilting guide 2” from the machine needle. Straight stitch, using a 3.5 stitch length, to sew hem closed by guiding the fabric folded edge along the quilting guide. Do this to both the 12” pieces.

**Step three:**
On one piece, mark on the right side of hemmed edge, the position for the two buttonholes. Buttonholes should be at least \( \frac{1}{2} \)” away from the outside folded edge. Sew buttonholes and cut open.

**Step four:**
Overlap the two hemmed edges, buttonholes on the top. Pin together to hold in place. With wrong sides together, place on the front 16” piece. Pin back and front together. Sew around pillow, 2” from the edge. Use the quilting guide to sew straight.

**Step five:**
Sew buttons on back side.

**Step six:**
If desired, use an acrylic ruler and wavy rotary cutter to trim the outside edges. An alternative is to cut the edge with pinking shears to give your pillow a fun edge.
Finished! Enjoy your cozy pillow.

**Step seven:**
Complete score sheet.
Turn score sheet in for grading.
# Just a Cozy Pillow

Score Sheet

Each criteria worth 5 points for a total of 50 possible points.  
0 = not completed, 1 = low, 5 = best

<table>
<thead>
<tr>
<th>Criteria</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Good choice of fabrics.</td>
<td></td>
</tr>
<tr>
<td>Fabric measured, marked correctly.</td>
<td></td>
</tr>
<tr>
<td>All pieces cut accurately and neatly.</td>
<td></td>
</tr>
<tr>
<td>Stabilizer applied, does not show.</td>
<td></td>
</tr>
<tr>
<td>Straight and even topstitching.</td>
<td></td>
</tr>
<tr>
<td>Hem folded and sewn correctly, fits accurately.</td>
<td></td>
</tr>
<tr>
<td>Buttons and buttonholes completed correctly.</td>
<td></td>
</tr>
<tr>
<td>Edge finished in an appropriate way (wavy cut).</td>
<td></td>
</tr>
<tr>
<td>Appropriate use of equipment and helped with clean-up.</td>
<td></td>
</tr>
<tr>
<td>Good time management.</td>
<td></td>
</tr>
</tbody>
</table>

**Total points:**

<table>
<thead>
<tr>
<th>Comments:</th>
<th>Grade:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>