

TEEN SAFETY

•Dating & Relationships•

Name: _____

Hour: _____

VIDEO WORKSHEET

1. What percentage of rape is considered “date rape”?
2. What is the legal name for rape in many states?
3. What are some characteristics of a healthy relationship?
4. What are some “red flags” of an unhealthy relationship?
5. At a party or social gatherings, how many exits should we look for?



**Learning
ZoneXpress™**

© 2008 Learning ZoneXpress
www.learningzonexpress.com
888.455.7003

6. How can you prevent becoming a victim of date rape?

7. What are some tips to having a healthy, safe relationship with our dates?

8. List some relationship suggestions for boys:

9. If you are in an abusive situation in your home, you should:



© 2008 Learning ZoneXpress
www.learningzonexpress.com
888.455.7003

TEEN SAFETY

•Dating & Relationships•

Name: _____

Hour: _____

TEACHER'S KEY

1. What percentage of rape is considered "date rape"?
78%
2. What is the legal name for rape in many states?
First degree sexual assault
3. What are some characteristics of a healthy relationship?
 - *Trust*
 - *Caring*
 - *Communication*
4. What are some "red flags" of an unhealthy relationship?
 - *Quick to anger*
 - *Verbal abuse*
 - *Aggression*
 - *Previous abuse*
 - *Weapons*
 - *Manipulation*
5. At a party or social gatherings, how many exits should we look for?
3



6. How can you prevent becoming a victim of date rape?
 - *Serve your own beverages*
 - *Never leave your beverages unattended*
 - *Never ask others to watch your drinks*

7. What are some tips to having a healthy, safe relationship with our dates?
 - *No drinking or drugs*
 - *Open communication*
 - *Be independent*
 - *Protest & leave*
 - *Go with others or group date*
 - *Trust your instincts*
 - *Watch for the red flags*

8. List some relationship suggestions for boys:
 - *Respect your partner's wishes*
 - *Pay attention to body language*
 - *Examine gender stereotypes*
 - *Stop when asked or if you are unsure*

9. If you are in an abusive situation in your home, you should:
 - *Get angry*
 - *Get out*