

Name: _____

Hour: _____

VIDEO WORKSHEET

Review

Directions: After watching “*Fathering – What it means to be a Dad*”, answer the following questions.

1. Being a father is a lifetime commitment that requires a lot of _____, _____, and _____.

2. A father who is active in his child’s life impacts the choices the child makes. What are some benefits of girls with actively involved fathers?

3. What are some benefits to boys with actively involved fathers?

4. What was the traditional role of a father and how has that changed?

5. According to fathering expert Steve Onell, how do children spell “love”?

6. How can fathers “be there” for their children?

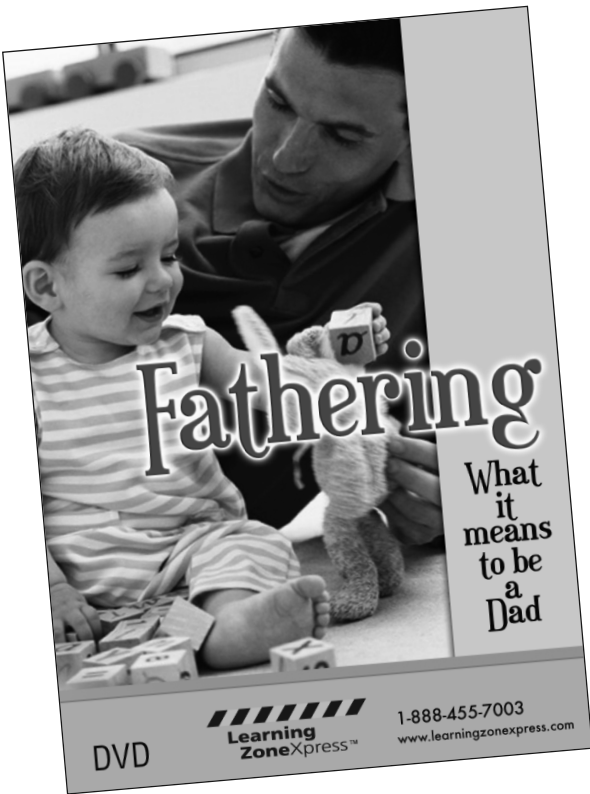
7. How should dads go about being consistent with their children?

8. Why is it important that children have a role model?

9. In what ways can a father be a role model for his children?



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Name: _____

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TEACHER'S KEY

Review

Directions: After watching "Fathering – What it means to be a Dad", answer the following questions.

1. Being a father is a lifetime commitment that requires a lot of love, time, and energy.

2. A father who is active in his child's life impacts the choices the child makes. What are some benefits of girls with actively involved fathers?

- Succeed better in school*
- Less teen pregnancy*
- Less drug use*

3. What are some benefits to boys with actively involved fathers?

- Less violent*
- More empathy*
- Deal with conflict*
- Make better choices*
- Less teen pregnancy*
- Generally do better in school*
- More direction at having a purpose in life*

4. What was the traditional role of a father and how has that changed?
Traditionally, the father was the protector, provider, instructor, and disciplinarian. They had more interaction with their sons than their daughters.
The role has shifted to include more nurturing by the father, which is encouraged right from the start.
5. According to fathering expert Steve Onell, how do children spell “love”?
T-I-M-E
6. How can fathers “be there” for their children?
Show up and be involved
Get involved during infancy
Spend time playing and teaching
Help with homework and chores
Create a welcoming home
Be available emotionally and physically
7. How should dads go about being consistent with their children?
Dads should provide structure and discipline
Dads should have consistent expectations
Dads should encourage family time
Dads should get to know their child’s friends
Dads encourage homework habits and routines
Dads are chore role models
8. Why is it important that children have a role model?
Children are born without knowing values and boundaries. They need to be taught by role models. Children assume how their family behaves is how all families behave and they tend to replicate that behavior as adults.
9. In what ways can a father be a role model for his children?
Encourage healthy habits such as reading
Avoid modeling unhealthy habits such as smoking
Model good exercise and nutrition habits
Demonstrate community involvement and service
Share their spiritual values
Foster interaction with diverse groups of people