1. What is the difference between personal leadership and positional leadership?

2. What are some examples of places where you are a leader?

3. What questions can you ask yourself to help you understand who you are?

4. What things don’t necessarily make you powerful?
5. What are four steps to personal power?

6. As a personal leader, what four questions does Dr. Verna say you should ask yourself?

7. A leader who is an “adder” has what characteristics?

8. A leader who is a “subtractor” has what characteristics?
1. What is the difference between personal leadership and positional leadership?
   Personal leadership is the desire of an individual to take charge of his or her own life. Positional leadership is a position or a title that is given to you.

2. What are some examples of places where you are a leader?
   Answers will vary:
   Home
   Siblings
   Family
   School
   Community
   Church, synagogue or place of worship
   Yourself

3. What questions can you ask yourself to help you understand who you are?
   What are you good at?
   What do you like?
   What do you get compliments on?
   What have you been successful at?

4. What things don’t necessarily make you powerful?
   Positional power, money, the car you drive, the degrees you have, the people you know.
5. What are four steps to personal power?
   1. Power to think something new (think a new thought)
   2. Power to see something new (can you see yourself successful?)
   3. Power to say something new (speak positively about yourself and others)
   4. Power to do something new (take action)

6. As a personal leader, what four questions does Dr. Verna say you should ask yourself?
   Who am I?
   What do I want?
   Where am I going?
   What kind of impact will I have?

7. A leader who is an “adder” has what characteristics?
   Creates positive change
   Thinks and speaks positively
   Is optimistic
   Values other people
   Has positive energy
   Values time

8. A leader who is a “subtracter” has what characteristics?
   Creates drama
   Wastes time
   Is pessimistic about their future