MINUTE ACTIVITIES

BREAKFAST DRAMA!

Ask students to brainstorm reasons why it is important to eat breakfast. (examples: eating breakfast is important for school attendance, student alertness, test scores, and overall energy.)

Have students work in groups to create a brief skit or drama that creatively illustrates the importance of eating breakfast. Then have each group present their drama to the class.

Optional: Have the students present their dramas to another class.

Interested in more breakfast activities?
Check out the 5 Minute Breakfast Activities Book #120015 from Learning ZoneXpress.

www.learningzonexpress.com